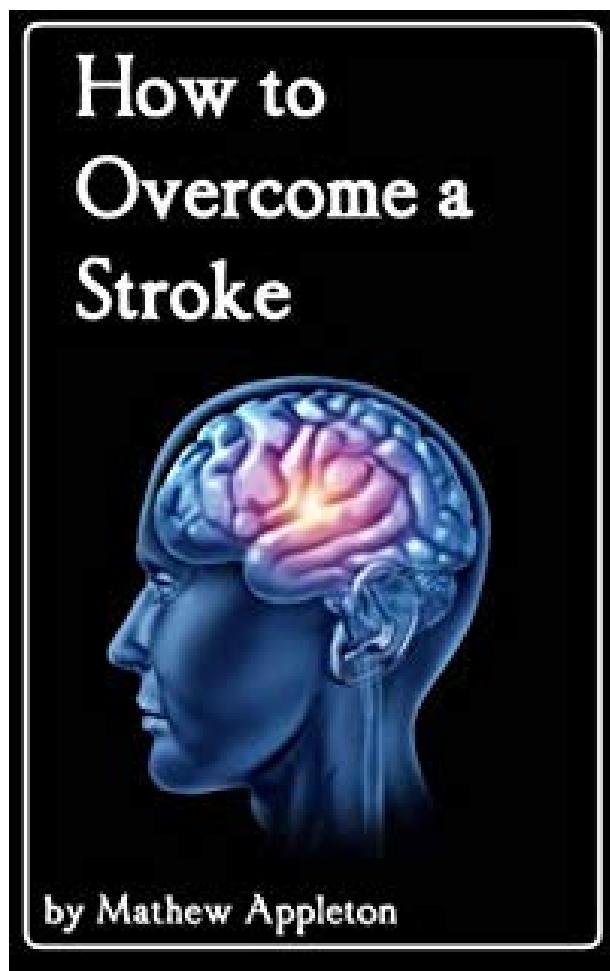


How to Overcome a Stroke



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[How to Overcome a Stroke.pdf](#)

[How to Overcome a Stroke.epub](#)

Strokes happen because the blood flow to part of the brain is disturbed. The effects can be serious or minor, the long term, emotional and physical. If you have a stroke, the more you and the people who care for you understand about the problems it causes the better your chances of leading a normal life again. If you have been told your at risk of a stroke and need to know the warning signs, or you have had a stroke and want to know how it will affect your life, this is the book for you. If you're caring for someone who's had a stroke and want to help them recover, you need this book. This book will change your attitude to a more optimistic view after a couple of hours browsing. Its store of commonsense, ideas tips and useful information makes it a bargain....Written with compassion...