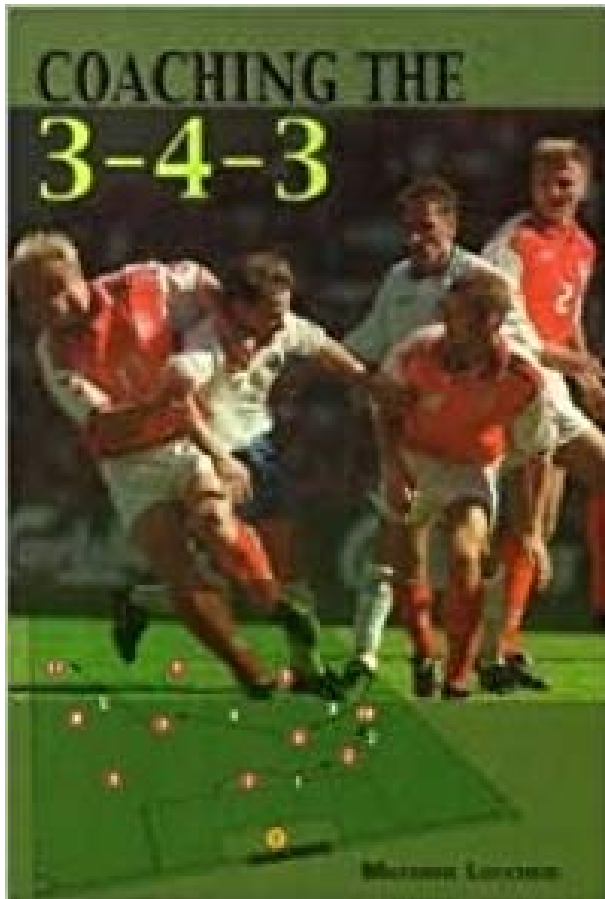


Coaching the 3-4-3



Published:	April 1st 2000	by	Reedswain
ISBN10:	1890946435		
Author:	Massimo Lucchesi		
Genre:	Uncategorized		
Pages:	76		
Language	English		
Goodreads Rating:	4.60		
ISBN13:	9781890946432		

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Examines the 3-4-3 through an analysis of the roles of the players and offers a coaching method and exercises to develop all phases of the system. Includes several attacking schemes with build up options from any position on the field and defensive schemes for double teaming, forcing and covering.